

### San Antonio Natural Parenting Lending Library

*Library items are available for checkout by group members who have donated an item(s) to our library. There are no membership fees to join our group. Please be courteous to other members when checking out an item & return it after 1 month. If you would like to place a hold on a particular item to check out at the next meeting, please contact [Diane@SanAntonioNaturalParenting.com](mailto:Diane@SanAntonioNaturalParenting.com) or [Tonia@SanAntonioNaturalParenting.com](mailto:Tonia@SanAntonioNaturalParenting.com) with your request.*

#### DVD's

The Business of Being Born (Ricki Lake)  
More Business of Being Born, parts 1-4 (Ricki Lake)  
Pregnant in America (Steve Buonagurio)  
Sign With Your baby  
To Baby with Love: Overcoming Breastfeeding Barriers & The Comfortable Latch: A Guide to Successful Breastfeeding (TX Department of State Health Services)  
Tummy2Tummy: The Babywearing DVD  
Unconditional Parenting (Alfie Kohn)

#### BOOKS

##### BREASTFEEDING

The Breastfeeding Answer Book 3<sup>rd</sup> ed. (La Leche League)  
Breastfeeding: A Parent's Guide (Amy Spangler)  
The Complete Book of Breastfeeding (Eiger & Wendkos)  
Medications & Mother's Milk 9<sup>th</sup> ed. & 13<sup>th</sup> ed. (Thomas Hale)  
Mothering Your Nursing Toddler (Norma Jane Bumgarner)  
The New Mother's Guide to Breastfeeding (American Academy of Pediatrics)  
Nursing Mother, Working Mother (Gayle Pryor)  
The Womanly Art of Breastfeeding 8<sup>th</sup> ed. (La Leche League)

##### HEALTH

Callous Disregard: Autism & Vaccines- the Truth Behind a Tragedy (Andrew Wakefield)  
Growing up Green, Vol. 2 (Deidre Imus)  
How to Raise a Healthy Child, in Spite of Your Doctor (Robert S. Mendelsohn, MD)  
The Kind Diet (Alicia Silverstone)  
Louder than Words- A Mother's Journey in Healing Autism (Jenny McCarthy)  
Nourishing Traditions: The Cookbook that Challenges Politically Correct Nutrition & the Diet Dictocrats (Sally Fallon)  
Our Bodies, Ourselves 1998 (The Boston Women's Health Collaboration)  
The Unhealthy Truth: One Mother's Shocking Investigation into the Dangers of America's Food Supply- and What Every Family Can Do to Protect Itself (Robyn O'brien)  
Vaccines- Still the issue for our time (Mothering Magazine Reprint)  
What Every Parent Should Know about Childhood Immunization (Jamie Murphy)  
Wheat-free, Gluten-free Cookbook for Kids & Busy Adults (Connie Sarros)

## PARENTING

Baby Matters: What your doctor may not tell you about caring for your baby (Linda Folden Palmer)  
Babywearing 101 (Mothering Magazine Reprint)  
Boys Adrift: The Five Factors Driving the Growing Epidemic of Unmotivated Boys & Underachieving Young Men (Leonard Sax)  
The Challenging Child (Stanley I. Greenspan, MD)  
The Continuum Concept: In Search of Happiness Lost (Jean Liedloff)  
The Discipline Book (William Sears)  
The Everything Baby Sign Language Book w/DVD (Teresa Simpson)  
How to Talk so Kids Will Listen and Listen so Kids Will Talk (Adele Faber & Elaine Mazlish)  
Infant Potty Training (Laurie Boucke)  
A Ride on Mother's Back- a Day of baby Carrying Around the World (children's book)  
Secrets of the Baby Whisperer (Tracy Hogg)  
Siblings Without Rivalry (Adele Faber & Elaine Mazlish)  
Unconditional Parenting (Alfie Kohn)

## SCHOOLING

Family Matters- Why Homeschooling Makes Sense (David Guterson)  
Learning All the Time (John Holt)  
Real Life Homeschooling- 21 Families Who Teach Their Children at Home (Rhonda Barfield)

## PREGNANCY & BIRTH

Birth- The Surprising History of How we are Born (Tina Cassidy)  
The Complete Book of Pregnancy & Childbirth (Shelia Kitzinger)  
Getting Organized for Your New Baby (Maureen Bard & Christine Zuchora-Walske)  
Heart & Hands- A Midwife's Guide to Pregnancy & Birth (Elizabeth Davis)  
Immaculate Deception II- A Fresh Look At Childbirth (Suzanne Arms)  
Ina May's Guide to Childbirth (Gaskin)  
Mothering the New Mother- A Postpartum Resource Companion (Sally Placksin)  
20,001 Names for Baby (Wallace)  
The Name Book (Astoria)  
The Pregnancy Book (William Sears & Martha Sears)  
Presenting Unexpected Outcomes: A Childbirth Educators guide (Isle)  
Pushed: The Painful Truth about Childbirth & Modern Maternity Care (Jennifer Block)  
Silent Knife- Cesarean Prevention & Vaginal Birth After Cesarean (Nancy Wainer Cohen)  
The Thinking Woman's Guide to a Better Birth (Henci Goer)  
The VBAC Companion- Expectant Mothers' Guide to Vaginal Birth After Cesarean (Diane Korte)  
Witches, Midwives & Nurses 2<sup>nd</sup> ed. (Ehrenreich & English)  
Yoga for Pregnancy, Birth & Beyond (Francoise Barbira Freedman)  
Your Pregnancy & Birth, 4<sup>th</sup> ed. (The American College of Obstetrics & Gynecology)  
Your Natural Pregnancy- A Guide to Complementary Therapies (Anne Charlsh)

## BABY CARRIERS

Moby Wrap (red) \*MISSING\*

Moby Wrap (Daisies)

pink & silver gauze wrap (6 yards)

teal print ring sling (size small- hip to opposite shoulder 24" or smaller)

Slingings pouch sling (size 23)

Water Wrap Carrier (5 yards, white)